



Aftercare

1. Regular maintenance appointments are what will keep your nails looking good and keep your natural nail, underneath any product, healthy.
2. Avoid picking or biting the product, this will damage your natural nail and can cause weak, thin nails which could take months to recover.
3. Use SolarOil on a regular basis, preferably twice per day, to ensure the natural nail is kept well hydrated which will help to stop any splitting and breaking or lifting if you've had acrylic or Shellac applied.
4. Using rubber gloves when cleaning and washing up will prolong the life of the nail product and protect your hands and nails from drying out. Wearing gloves while washing your own hair is not necessary.
5. Avoid using your nails to open cans etc. this could lead to cracking and breaking of the product which will damage or weaken the natural nail.
6. If you are a nail biter, please try to follow this advice as much as possible as this will ensure you are not tempted to bite your nails



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